



FRENCH BAKERY MENU

(561) 533-0840

PASTRIES

Croissant \$2.95

Apple turnover \$3.50

Almond croissant \$4

Choco Croissant \$3.50

Raisin Croissant swirl \$3.50

Vegan Croissant (spelt & quinoa) \$3

SAVORIES

QUICHE LORRAINE \$9.95

Bacon, onions, cheese, with green salad, homemade vinaigrette

QUICHE LEEK & CHEESE \$9.95

Leek, swiss cheese, with green salad, homemade vinaigrette

APPLES TATIN TART & BRIE CHEESE \$10.95

With green salad, homemade vinaigrette

PLAIN OMELETTE (2 EGGS), GREENS \$9.95

RATATOUILLE OMELETTE, GREENS 10.95

SOUP OF THE DAY \$6

FRENCH ONION SOUP \$8.95

CROISSANT OMELET \$5.95

CROISSANT HAM & BRIE \$5.95

Add an egg for \$2

SWISS CHEESE OMELETTE, GREENS \$10.95

SALADS

Mixed greens and homemade vinaigrette

GORGONZOLA cheese \$9.95

caramelized apples, walnut

OCTOPUS \$11.95

garlic butter, avocado, tomato, cucumber, lemon zest

TUNA \$10.95

tomato, artichokes, olives, grilled peppers, cucumber

CHICKEN Breast grilled (GMO-free) \$10.95

sweet potato cooked with maple syrup, avocado, grilled almonds

VEGETARIAN BOWL \$11.95

quinoa, sweet potato with maple syrup, avocado, mango, grilled red peppers, ginger peanut sauce

SANDWICHES

Choose your side below

Le PARISIEN \$9.95

ham and Brie cheese on french baguette

Le NEW-YORKAIS \$11.95

pastrami, mustard, pickle, Traditional bread

Le NICOIS \$10.95

Tuna, tomato, mayo, greens, Ciabatta Multigrain bread

Le PROVENÇAL \$10.95

grilled Chicken breast,
candied tomato-onions-garlic-thyme , Ciabatta bread

Le 3 CHEESES \$10.95

Brie, gorgonzola, swiss cheese, Ciabatta bread

Le FARMER \$11.95

Turkey, smoked cheddar with pepper Traditional bread

Le VEGETARIAN \$10.95

grilled eggplant, artichokes, avocado, Ciabatta Multigrain bread

SIDE 1 :

Broccoli and potato puree,
Greek yogurt, mustard
chives

OR

SIDE 2 :

Kale Tabbouleh, bulgur,
kale, parsley, mint,
tomato, cucumber,
cebette, lemon, olive oil

PASTRIES

Lemon Tart \$6

Apple Tart Tatin \$6

Chocolate Fondant \$6

Chocolate Éclair

Napoleon \$6

Strawberries Tart \$6

Rapsberries Tart \$6

MilleCrepes \$6

Opera \$6

Macaron \$1.99/ea (\$5.49/3; \$10.99/6; \$20.99/12)

Others choices and sizes are available on demand

BREADS

Traditional, Artisanal, and Specials Breads

Traditional Loaf 500g/17.6oz \$7.50

Loaf Ciabatta Whole Grain 450g/15.9oz \$7.50

Loaf Ciabatta Walnut Raisins 450g/15.9oz \$7.50

Loaf Boule 500g/17.6oz \$7.50

Loaf Ciabatta 450g/15.9oz \$7.50

Traditional Baguette \$3

BON APPETIT !